

## NEMO FITNESS TO DIVE EVALUATION

Participant's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Surface Supplied Air "SSA" diving with NEMO and BLU3 products is fun and exciting but can be a strenuous and demanding activity. As with any underwater activity using life support equipment pumping compressed air to a diver below the surface, there are inherent risks that may cause serious illness, injury and death. SSA divers need to be in good health to dive. If you have any questions about your medical, mental or physical fitness to dive, you should consult a physician to assess your individual risks factors.

This form is to help you determine if you should be examined by a physician prior to diving. If you have any doubt about your fitness to dive, then you must obtain approval to dive from a physician. Failure to obtain a physician's approval to dive may significantly increase your risk of illness, injury or death. You are solely responsible for honestly evaluating your fitness to dive and you are ultimately responsible for your safety and wellbeing when swimming and diving.

Answer each question about your past or present medical history in the corresponding [NO] or [YES] box. If you are not sure of the correct answer, then answer "YES". A "YES" response indicates an increased risk factor that must be evaluated by a physician. If any of these conditions apply to you, then you must obtain approval to dive from a physician before SSA diving with NEMO and BLU3 products.

1. Are you currently being treated or under the care of a medical professional for a medical, mental or physical condition? [NO] [YES]
  
2. Do you take a prescription medication (not including birth control)? [NO] [YES]
  
- Do you have or have you ever been treated for:
3. A heart, circulatory, blood, blood pressure, or bleeding abnormality? [NO] [YES]
  
4. A stroke, seizure, head injury, loss of consciousness, migraines, behavioral or neurologic condition? [NO] [YES]
  
5. An ear, sinus, mouth, throat or lung disorder – including asthma? [NO] [YES]
  
6. Diabetes, severe allergies, obesity, stomach or intestinal disorders? [NO] [YES]
  
7. Musculoskeletal, strength, stamina or mobility disorders? [NO] [YES]

If you answered YES to any of these conditions, then you must be evaluated by a physician to approve your fitness to dive. You are responsible to obtain and keep a written document from the physician stating you are fit to dive.

Additionally, if you are under the influence of alcohol or recreational drugs, unable to swim, prone to panic attacks, unable to exercise good judgment or you are unable to be responsible for you own safety and wellbeing, then you have a significant increase to risks of illness, injury and death while in the water and you should unconditionally refrain from swimming or diving.